

October 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Southern Maine Sportszone Basketball Club BBI = Basketball Institute (Skills and Drills) S & C = Strength and Conditioning B /H Mastery = Ball Handling / Dribbling Moves Intro to Hoops = Introduction to the FUNdamentals of Basketball						1
2	3 530-630 BBI Boys Grades 7 -12	4 530-630 BBI Girls Grades 7 – 12 615-7 S & C 6 – 7 Post Play	5 530-630 Shooting League 630-730 B/H Mastery	6 530-630 BBI Boys & Girls Grades 5 & 6 615-7 S & C	7 5-6 Finishing at The Rim 6-7 3 on 3 Play	8 9-10 Intro to Hoops Grades K – 4 Boys and Girls Fall League Play
9 Fall League Play	10 530-630 BBI Boys Grades 7 -12	11 530-630 BBI Girls Grades 7 – 12 615-7 S & C 6 – 7 Post Play	12 530-630 Shooting League 630-730 1 on 1 Moves	13 530-630 BBI Boys & Girls Grades 5 & 6 615-7 S & C	14 5-6 Perimeter Play 6-7 3 on 3 Play	15 9-10 Intro to Hoops Grades K – 4 Boys and Girls Fall League Play
16 Fall League Play	17 530-630 BBI Boys Grades 7 -12	18 530-630 BBI Girls Grades 7 – 12 615-7 S & C 6 – 7 Post Play	19 530-630 Shooting League 630-730 B/H Mastery	20 530-630 BBI Boys & Girls Grades 5 & 6 615-7 S & C	21 5-6 Finishing at The Rim 6-7 3 on 3 Play	22 9-10 Intro to Hoops Grades K – 4 Boys and Girls Fall League Play
23 Fall League Play	24 530-630 BBI Boys Grades 7 -12	25 530-630 BBI Girls Grades 7 – 12 615-7 S & C 6 – 7 Post Play	26 530-630 Shooting League 630-730 1 on 1 Moves	27 530-630 BBI Boys & Girls Grades 5 & 6 615-7 S & C	28 5-6 Perimeter Play 6-7 3 on 3 Play	29 9-10 Intro to Hoops Grades K – 4 Boys and Girls Fall League Play
30 Fall League Play	31 530-630 BBI Boys Grades 7 -12					